

## **BOSTON REGION METROPOLITAN PLANNING ORGANIZATION**

Richard A. Davey, MassDOT Secretary and CEO and MPO Chairman Karl H. Quackenbush, Executive Director, MPO Staff

### MEMORANDUM

DATE October 4, 2012

- TO Joseph Frawley, P.E. District 3 Traffic Engineer MassDOT Highway Division
- FROM Mark Abbott, P.E. Boston Region MPO Staff
- RE Safety and Operations Analyses at Selected Intersections, FFY 2012: Turnpike Road (Route 9) at Central Street/Oak Hill Road in Southborough

## Introduction

This memorandum summarizes safety and operations analyses and proposes improvement strategies for the intersections of Turnpike Road (Route 9) at Central Street/Oak Hill Road in Southborough, shown in Figure 1. It contains the following sections:

- Intersection Layout and Traffic Control
- Issues and Concerns
- Crash Data Analysis
- Intersection Capacity Analysis
- Potential Improvements
- Results and Recommendations

The memorandum also includes a collection of technical appendices that contain methods and data applied in the study and detailed reports of the intersection capacity analyses.

## Intersection Layout and Traffic Control

The intersection, shown in Figure 1, is owned by the Massachusetts Department of Transportation (MassDOT) Highway Division and is located in the Fayville section of Southborough. It is the easternmost Route 9 intersection in Southborough. Route 9 is under MassDOT's jurisdiction and Central Street and Oak Hill Road are under Southborough's jurisdiction. Route 9 is classified as a principal arterial and Central Street and Oak Hill Road are urban minor arterials.

Figure 1 also provides a view of the intersection layout and the area nearby. The lane configuration of the intersection is described below.



FIGURE 1 Turnpike Road (Route 9) at Central Street/Oak Hill Road And Woodland Road, Southborough Safety and Operations Analyses at Selected Intersections

## Route 9 Eastbound

- Widens from two approach lanes to three approach lanes, 350 feet before the intersection
- One 350-foot exclusive left-turn lane
- Two through lanes
- One shared-use right-and-through lane
- Three departure lanes that narrow to two lanes, dropping the right lane approximately 200 feet past the intersection

### Route 9 Westbound

- Three approach lanes
- One 220-foot exclusive left-turn lane
- Two through lanes
- One shared-use right-and-through lane
- Three departure lanes that narrow to two lanes, dropping the right lane approximately 150 feet past the intersection

## **Central Street Southbound**

- One approach lane
- Lane widens approximately 100 feet before the intersection
- Single approach lane used as two lanes at the intersection
- One departure lane

### Oak Hill Road:

- Widens from single approach lane to three approach lanes, approximately 150 feet from the intersection
- One exclusive left-turn lane
- One through lane
- One right-turn lane
- One departure lane

Traffic operations at the intersection are under fully actuated signal control, with threephase signal operations. An exclusive pedestrian phase is provided upon activation. Route 9, in both directions, is provided with exclusive protected left-turn phases, followed by the through movements. The Central Street and Oak Hill Road approaches run concurrently.

The land use at the four corners of the intersection is a mix of retail and office. In the northeast corner of the intersection, there is a small building that provides office space to several small businesses. The northwest corner of the intersection has a similar building, which also provides office space to several small businesses. The southeast corner has a Mobil gas station. In the southwest corner of the intersection is a

Walgreens, which was constructed in 2008. The construction of the Walgreens store also included widening (from one to three approach lanes) of the Oak Hill Road approach to the intersection. Figures 2 and 3 provide a "before and after" look this approach. Before Walgreens was constructed, Oak Hill Road was a single-lane approach that flared at the intersection for the right turns. After it was constructed, the approach was widened to three lanes, providing an exclusive lane for each movement.

Pedestrian accommodations are provided at the intersection. There is a sidewalk along the northern side of Route 9. However, on the southern side of Route 9, there is a sidewalk only from the corner of the intersection to Walgreens store. A sidewalk is present along the eastern side of both Central Street and Oak Hill Road. The intersection has crosswalks across all four approaches, and pedestrian push buttons and signal heads are provided on each corner for crossing. An audio alert is also provided during the pedestrian phase of the signal.

### Woodland Road Intersection

The Woodland Road intersection is one of two unsignalized median breaks on Route 9 in Southborough. This three-way intersection, which has left and right turns onto Woodland Road from Route 9 and a right-turn-only lane from Woodland Road, provides access to residential properties. Woodland Road is currently the direct route for residents to and from Route 9. There is no access from Oak Hill Road; the only other access to Woodland is from Breakneck Hill Road, which is located further west.

## **Issues and Concerns**

MPO staff met with MassDOT Highway Division District 3 personnel to discuss their concerns about the intersection. MassDOT's concerns and comments received from the public deal with the problem of congestion during the peak periods in the morning and afternoon commuting hours. This intersection is near several office developments, both in Southborough and Framingham, as well as near the Mass Turnpike Framingham interchange.

In addition to the congestion concerns, there appears to be some driver confusion related to the lane assignments on the southbound Central Street approach. Even though the approach is striped as a single lane, there is sufficient width to allow vehicles to queue side by side in the single lane, making a de facto two-lane approach. However, the lane assignments were not clear to drivers—staff repeatedly observed two vehicles making the same through movement to Oak Hill Road, narrowly avoiding side-swipe crashes.

Another issue that MassDOT brought up in the discussion was the median break and access to Woodland Road, located approximately 770 feet west of the Central Street/Oak Hill Road intersection. Eastbound queuing during the AM peak hour consistently extends past Woodland Road. MassDOT was interested in finding out if this intersection affects the operations of the Central Street/Oak Hill Road intersection and if it is a dangerous situation that needs to be improved.



FIGURE 2 Before and After the Construction of Walgreens Pharmacy in 2008 Safety and Operations Analyses at Selected Intersections



FIGURE 3 Before and After the Construction of Walgreens Pharmacy in 2008 Safety and Operations Analyses at Selected Intersections

## Crash Data Analysis

Staff collected crash data from the MassDOT Registry of Motor Vehicles Division for the most recent five years available, 2005 to 2009. Tables 1 and 2 provide a summary of the crashes at the Central Street/Oak Hill Road intersection and the Woodland Road intersection, respectively, for the most recent five years.

An average of 16 crashes occurred at the Central Street/Oak Hill Road intersection each year. In total, about 70 percent of the crashes resulted in property damage only, and 22 percent in personal injuries. However in one of the reported crashes, a fatality occurred. The fatality, which occurred in the spring of 2009, involved a pedestrian and single vehicle and occurred at 10:00 PM; no other information about weather conditions, pavement conditions, or lighting was reported. The majority of the collision types were rear-end collisions (50 percent), followed by angle collisions (22 percent); both collision types are common at signalized intersections. There were no crashes that involved cyclists in that period.

A total of 32 crashes occurred on the Woodland Road intersection for the same fiveyear period, averaging just over six crashes a year. Over half of the crashes (56 percent) were classified as property damage only, with only 15 percent involving personal injury. Based on the crash data, 44 percent of the collision types were angle crashes, the majority of which involved Route 9 westbound vehicles turning left onto Woodland Road, and a few crashes involved vehicles that were exiting from Woodland Road to turn onto Route 9 eastbound. Many of these crashes occurred during peak periods (7:00 to 9:00 AM and 4:00 to 6:00 PM), when Route 9 traffic is at or near its peak.

Crash rate is another effective tool for examining the relative safety of a particular location.<sup>1</sup> Based on the 2005–09 crash data and the recently collected (in 2012) traffic volume data, the crash rate for the Central Street/Oak Hill Road intersection is 0.76 (see Appendix A for MassDOT intersection crash rate worksheets). The crash rate at the intersection is less than the average rate for signalized intersections in MassDOT Highway Division District 3, which is estimated to be 0.90 crashes per million entering vehicles. The crash rate for the Woodland Road intersection is 0.33, which is also below the District 3 average for unsignalized intersections— 0.66 crashes per million entering vehicles.

<sup>&</sup>lt;sup>1</sup> Crash rates are estimated based on crash frequency (crashes per year) and vehicle exposure (traffic volumes or miles traveled). Crash rates are expressed as "crashes per million entering vehicles" for intersection locations and as "crashes per million miles traveled" for roadway segments.

#### TABLE 1

Summary of MassDOT Crash Data (2005–09):

#### Turnpike Road (Route 9) at Central Street/Oak Hill Road

							2005–09	
		2005	2006	2007	2008	2009	Total	Average
Total Number of Crashes		12	17	14	21	18	82	16.4
Crash	Property damage	9	9	11	16	12	57	11.4
Crash	Personal injury	2	5	1	4	5	17	3.4
Severity	Fatality	0	0	0	0	1	1	0.2
	Not reported	1	3	2	1	0	7	1.4
Collision Type	Angle	3	2	4	5	4	18	3.6
	Rear-end	8	11	3	9	10	41	8.2
	Sideswipe	0	2	3	4	2	11	2.2
	Head-on	0	0	0	0	0	0	0.0
	Single vehicle	0	1	4	1	2	8	1.6
	Not reported	1	1	0	2	0	4	0.8
Roadway	Wet or icy pavement	2	7	3	3	5	20	4.0
Conditions	Dark/lighted	2	5	6	2	4	19	3.8
	Clear	11	11	7	15	9	53	10.6
Weather	Cloudy	1	3	4	4	4	16	3.2
Conditions	Rain	0	2	2	1	3	8	1.6
	Snow	0	1	1	1	1	4	0.8
Crashes during weekday peak periods*		8	6	5	12	5	36	7.2
Crashes involving pedestrian(s)		0	0	0	0	1	1	0.2
Crashes involving bicyclist(s)		0	0	0	0	0	0	0.0

\* Peak periods are defined as 7:00–10:00 AM and 3:30–6:30 PM.

#### TABLE 2

#### Summary of MassDOT Crash Data (2005–09):

#### Turnpike Road (Route 9) at Woodland Road

							2005–09	
		2005	2006	2007	2008	2009	Total	Average
Total Number of Crashes		10	8	5	6	3	32	6.4
Crash Severity	Property damage	6	5	2	2	3	18	3.6
	Personal injury	2	1	2	0	0	5	1.0
	Fatality	0	0	0	0	0	0	0.0
	Not reported	2	2	1	4	0	9	1.8
Collision Type	Angle	3	5	2	2	2	14	2.8
	Rear-end	4	2	3	2	1	12	2.4
	Sideswipe	1	0	0	1	0	2	0.4
	Head-on	0	0	0	0	0	0	0.0
	Single vehicle	2	1	0	1	0	4	0.8
	Not reported	0	0	0	0	0	0	0.8
Roadway	Wet or icy pavement	6	2	1	3	1	13	2.6
Conditions	Dark/lighted	2	1	1	3	0	7	1.4
Weather Conditions	Clear	4	5	4	3	2	18	3.6
	Cloudy	1	1	0	1	0	3	0.6
	Rain	3	2	1	2	0	8	1.6
	Snow	2	0	0	0	1	3	0.6
Crashes during weekday peak periods*		4	3	3	5	2	17	3.4
Crashes involving	pedestrian(s)	0	0	0	0	0	0	0.0
Crashes involving bicyclist(s)		0	0	0	0	0	0	0.0

\* Peak periods are defined as 7:00–10:00 AM and 3:30–6:30 PM

## Traffic Volumes

MPO staff collected turning-movement counts (TMC) at the intersection on March 2 and 22, 2012. The data were recorded in 15-minute intervals for the peak traffic periods in the morning, from 7:00 to 9:00 AM, and in the evening, from 4:00 to 6:00 PM. The peak hours occurred between 7:45 and 8:45 AM and between 4:45 and 5:45 PM. The peak-hour traffic volumes are shown in Figure 4.

The only pedestrian activity occurred during the PM peak period, when three pedestrians were observed crossing Route 9 from the Walgreens store to the northern side of the intersection.

In addition to the pedestrian counts, MassDOT provided automated traffic recorder (ATR) counts for the study area between March 12, 2012, and March 15, 2012. These counts were used to estimate the turning volumes at the Woodland Road intersection.

The ATR count data are provided in Appendix B, and TMC count data are provided in Appendix C.

## Intersection Capacity Analysis

Based on the turning-movement counts and the signal timing data provided by MassDOT District 3, the intersection capacity and operations were analyzed using an intersection analysis program, Synchro.<sup>2</sup> The existing conditions analysis for the AM and PM peak hours is provided in Table 3.

<sup>&</sup>lt;sup>2</sup> Synchro Version 7 was used for these analyses. This software is developed and distributed by Trafficware Ltd. It can perform capacity analysis and traffic simulation (when combined with SimTraffic) for an individual intersection or a series of intersections.



		AM Peak Hour				PM Peak Hour				
Approach	Mvmt	LOS	Delay <sup>1</sup>	V/C <sup>2</sup>	Q <sup>3</sup>	LOS	Delay <sup>1</sup>	V/C <sup>2</sup>	Q³	
		Exi	sting Cor	nditions	6					
Route 9 – EB	U <sup>4</sup> L	D	54.4	0.5	98	F	169.4	1.1	333	
	TR	С	27.3	0.8	695	С	24.6	0.8	605	
Route 9 – WB	U <sup>4</sup> L	Е	58.3	0.5	83	F	189.5	1.2	412	
	TR	С	25.3	0.8	573	Е	72.2	1.0	1106	
Oak Hill Road – NB	L	Е	60.6	0.8	209	F	108.2	0.9	172	
	Т	D	40.7	0.3	165	D	49.7	0.5	168	
	R	D	38.9	0.2	66	D	45.1	0.0	38	
Central Street – SB	$L^5$	D	48.0	0.6	175	Е	66.8	0.7	186	
	TR	D	39.4	0.2	96	Е	64.8	0.7	279	
Overall	С	30.5	0.7 9	-	Е	63.2	1.0 7	-		
		Signal	Timing O	ptimiza	ation					
Route 9 – EB	U <sup>4</sup> L	E	62.0	0.6	95	F	144.1	0.5	294	

0.8

0.8

0.7

0.8

0.4

0.2

0.6

0.2

0.8

5

542

101

465

213

155

65

174

-

90

С

F

F

Е

D

D

D

D

Ε

21.6

20.9

71.5

39.4

37.3

49.2

37.9

27.5

102.1

# TABLE 3

Overall C

Route 9 – WB

Oak Hill Road – NB

Central Street – SB

Delay in seconds per verificie.

 $2\ \text{V/C}$  is the volume-to-capacity ratio.

TR

 $U^4L$ 

TR

L T

R

 $L^6$ 

ΤR

С

F

С

Е

D

D

D

D

3 95% queue in feet.

4 U-turn movements.

5 De facto left-turn lane.

6 Analyzed with dedicated left-turn lane.

0.9

0.4

0.8

0.8

0.3

0.2

0.6

0.2

1.0

1

600

348

103(

133

147

142

231

-

36

30.1

132.5

112.4

58.3

41.4

37.7

47.9

50.3

78.6

## **Potential Improvements**

Discussions with District 3 personnel and analysis of the intersection led to the determination that no major improvements for the intersection could be justified. Signal visibility is adequate, with signal heads located overhead on mast arms, and pedestrian accommodations are provided for the few pedestrians present. Existing signage is adequate for Route 9 and the side streets. As mentioned previously, the intersection was partially reconstructed during the construction of the Walgreens store, when the Oak Hill Road approach to the intersection was widened to three approach lanes.

During the study, the following potential safety and operations improvements were analyzed:

- **Signal timing and phasing optimization**: Signal phasing and optimal phase times to improve overall intersection operations.
- **Protected/permitted phasing:** Protected/permitted phasing for Central Street and Oak Hill Road left-turn movements to improve the left-turn movements.
- **Split phasing:** Split phasing for Central Street and Oak Hill Road to improve the side street operations.
- **Restriping of the Central Street approach**: The southbound Central Street approach is currently being used de facto as a two-lanes based on AM and PM peak-period observations. A safety improvement for this approach would be to restripe Central Street for an 11-foot left-turn lane and an 11-foot right-and-through lane. Figure 5 is a conceptual plan of the restriping of this approach.
- "Do Not Block Intersection" signs at Woodland Road: A painted "Do Not Block Intersection" box would be placed on the eastbound side of Route 9 at the Woodland Road intersection. Two R10-7 ("Do Not Block Intersection") signs would be placed in the eastbound lanes of Route 9 before the Woodland Road intersection. Figure 6 is a conceptual plan of the proposed improvement.

The best results of the optimization of the signal timings for the AM and PM peak hours are shown in Table 3. These results indicate that a slight improvement for the Central Street and Oak Hill Road approaches can be accomplished at the expense of the Route 9 operations. Results of the protected/permitted-left-turn phasing and phase times for Central Street and Oak Hill Road did not improve overall operations of the intersection or the operations for the side streets.

## **Results and Recommendations**

### **Central Street/Oak Hill Road Intersection**

The above safety and operations analyses indicate that the only significant improvement to the intersection that is recommended is the restriping of the



FIGURE 5 Proposed Restriping of Central Street Safety and Operations Improvements at Selected Intersections



FIGURE 6 Proposed "Do Not Block Intersection" Signs on Route 9 at Woodland Road

Safety and Operations Improvements at Selected Intersections Central Street approach. Staff observed vehicles continually using the wide approach as two lanes, with the left lane predominately used by left-turning vehicles. However, occasionally a through vehicle would line up in the left lane and make the through movement with a vehicle lined up in the right lane, nearly causing a side-swipe crash, since there is only a single departure lane on Oak Hill Road.

The recommendation is to provide two delineated approach lanes. There is currently about 33 feet of total roadway width available to accommodate the proposed lanes. The existing double yellow center line would need to be removed and replaced to allow the following new proposed lane widths:

- 11-foot shared right-and-through lane
- 11-foot left-turn lane
- 11-foot departure lane

The optimization of the timings, protected/permitted phasing, and split phasing are not recommended. As shown in Table 3, the signal timing optimization does not improve the overall operations (in the simulation). Slight improvement is shown for the Central Street and Oak Hill Road approaches, but it there are increased delays on Route 9. The same problem occurs when the protected/permitted phasing and split phasing operations are simulated.

### Woodland Road Intersection

During the peak periods, it was observed that the Route 9 eastbound queue regularly backs up to and through the Woodland Road intersection. However, this does not seem to affect the operations of the Central Street/Oak Hill Road intersection. The safety analysis of the Woodland Road intersection indicates that this intersection has a crash rate of 0.33, which is half the average rate for District 3 unsignalized intersections, despite the high Route 9 traffic volumes. It was also observed that queuing Route 9 eastbound vehicles regularly provided gaps for both Route 9 westbound left-turning vehicles and for the right turns from Woodland Road.

However, to ensure that gaps exist for turning vehicles, it is recommended that a "Do Not Block Intersection" box and signage be installed on the eastbound side of Route 9. In addition, if this results in an increase in the number of crashes or personal injury crashes in the future, after the proposed improvement, the possibilities of closing the median and prohibiting left-turns onto Woodland Road from Route 9 westbound must be considered.

MA/ma